

Imperial Weight →	7st 2lb	7st 7lb	7st 12lb	8st 3lb	8st 8lb	8st 13lb	9st 4lb	9st 9lb	10st	10st 5lb	10st 10lb	11st 1lb	11st 6lb	11st 11lb	12st 2lb	12st 7lb	12st 12lb	13st 3lb	13st 8lb	13st 13lb	14st 4lb	14st 9lb	15st	15st 5lb	15st 10lb	Metric Height ↓	
5'	19	20	21	22	23	24	25	26	27	28	29	30	31	32	33	34	35	36	37	38	39	40	41	41	42	152	
5'1	18	19	20	21	22	23	24	25	26	27	28	29	30	31	32	33	34	34	35	36	37	38	39	40	41	155	
5'2	18	19	20	21	21	22	23	24	25	26	27	28	29	30	31	32	32	33	Severely Overweight - not usually suitable for body contouring surgery						40	158	
5'3	17	18	19	20	21	22	23	23	24	25	26	27	28	29	30	30	31	32							38	160cm	
5'4	17	18	18	19	20	21	22	23	24	24	25	26	27	28	29	30	30	31							37	163	
5'5	16	17	18	19	19	20	Ideal Body Mass				24	24	25	26	27	28	29	29	30	31	32	33	34	34	35	36	165
5'6	16	16	17	18	19	20	Ideal Body Mass				23	24	25	25	26	27	28	29	29	30	31	32	33	33	34	35	168
5'7	15	16	17	18	18	19	20	21	21	22	23	24	25	25	26	Overweight			29	30	31	32	32	33	34	170cm	
5'8	15	Under weight			18	19	19	20	21	22	22	23	24	25	25	Overweight			28	29	30	31	31	32	33	173	
5'9	14	Under weight			17	18	19	19	20	21	22	22	23	24	25	25	26	27	28	28	29	30	31	31	32	175	
5'10	14	15	15	16	17	17	18	19	20	20	21	22	22	23	24	25	25	26	27	27	28	29	30	30	31	178	
5'11	13	14	15	16	16	17	18	18	19	20	20	21	22	23	23	24	25	25	26	27	27	28	29	29	30	180cm	
6'	13	14	14	15	16	16	17	18	18	19	20	21	21	22	23	23	24	25	25	26	27	27	28	29	29	183	
6'1	13	13	14	15	15	16	17	17	18	19	19	20	21	21	22	23	23	24	25	25	26	27	27	28	29	185	
6'2	12	13	14	14	15	16	16	17	17	18	19	19	20	21	21	22	23	23	24	25	25	26	26	27	28	188	
Imperial Height ↑	45 kg	48	50 kg	52	54	57	59	61	64	66	68	70 kg	73	75 kg	77	79	82	84	86	89	90 kg	93	95	98	100 kg	← Metric Weight	